



Protect Yourself from Wildfire Smoke

Reduce harm and exposure to pollutants during urban wildfires

Wildfires near urban areas can spread contaminated smoke and ash across the region. Strong winds broaden the impacts of hazardous particulate matter, exposing more people, wildlife, and pets far beyond the burn zone. This scenario poses a higher risk for seniors, children, pregnant people, and those with pre-existing health conditions, especially in low-income, dense areas, where there is less access to air conditioning and air filtration.

1

Check the status of air quality in your area. If you smell/see ash and/or smoke, or were notified by officials, check the status of air quality and wildfire with these links:

Air Quality Status

- [AirNow AQ Status](#)
- [AQMD Alerts](#)

Wildfire Status

- [LA Fire Department Alerts](#)

2

Reduce your exposure and health risks

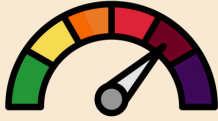
- Avoid going outdoors. If you must, wear a well-fitted N95 or P100 mask.
- Stay indoors, and use either an HVAC system (circular intake only), or a portable air purifier equipped with HEPA filters in the rooms you occupy.
- Equip at least one room with an air purifier for everyone in the home.
- Utilize a public facility, such as a library or recreation center, to minimize outdoor pollutant exposure.

3

Maintain Clean Indoor Air

- Take off your shoes before entering your home to keep from tracking in ash and other hazardous particulate matter.
- Close all windows and doors. If needed, tuck damp towels along the bottom of doors and windows to block pollutants.
- Reduce or eliminate use of gas, propane, or wood-burning stoves. Do not fry or broil food, and avoid using candles and aerosol sprays.
- Reduce or eliminate any activity that may worsen indoor air, like smoking, vacuuming, burning candles/incense, and using aerosol sprays.

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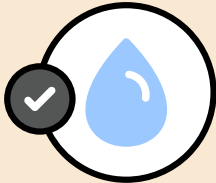
Monitor outdoor
air quality



Limit outdoor
activity



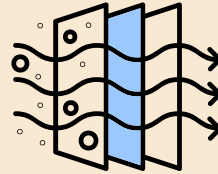
Wear an N95 mask
when outdoors



Drink water,
stay hydrated



Close all windows
and doors



Use HEPA air filters
indoors

Helpful Resource Links

- **Sign up for NotifyLA** for real-time emergency and evacuation alerts
- **Ready Your LA Neighborhood (RYLAN)** | EMD
- **Cool Spots LA - Cooling centers and hydration stations** | EMD-CEMO
- **Wildfire Readiness Guide** | Listos CA
- **Indoor Air Purifiers FAQ** | CARB
- **Approved Air Purifier List** | CARB
- **Report power outages:** Dial 3-1-1 (1-800-342-5397) or **LADWP.com/outages**
- **Smoke and Ash Safety resources** | AQMD
- **Protect Your Lungs from Wildfire Smoke or Ash** | LA County
- Regulations to protect outdoor and indoor workers from wildfire smoke:
 - **Smoke Exposure at Work** | UCLA LOSH
 - **Respiratory Protection During Fire Cleanup** | Cal/OSHA
 - **Protection from Wildfire Smoke Standard** | Cal/OSHA
- **Wildland Urban Interface** | FEMA USFA

Scan for more
resources



Emergency Management Department

